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## The New Harvest Farmers' Market Kicks Off on Thursday, April 25

KNOXVILLE, Tenn.— Knox County and Nourish Knoxville will kick off this season's New Harvest Park Farmers' Market at 3 p.m. on Thursday April 25, with Knox County Mayor Glenn Jacobs ringing the opening bell.

Visitors will have the opportunity to peruse a wide variety of locally grown seasonal produce, meats, eggs, plant and garden starts, prepared foods, and artisan craft products from more than 15 East Tennessee vendors.

"Farmers' Markets are a great way for people to get access to local, delicious, and nutritious homegrown food items," said Mayor Jacobs. "This is one of our longest running markets and I know this year will continue to be a hit."

The market, located at New Harvest Park (4775 New Harvest Lane), is free and open to the public. It runs every Thursday from 3 p.m. to 6 p.m. from May to September.

This year's opening day festivities will feature a park-wide scavenger hunt as part of Nourish Moves, a free walking program for all ages designed to encourage a more active lifestyle. Folks can pick up pedometers from the Nourish Knoxville Community Booth and explore the market and park. Participants earn \$3 in Produce Bucks per visit to spend at the market. Frequent walkers achieve bonus prizes upon reaching specific milestones.

Additionally, the market will continue offer SNAP & P-EBT processing & doubling this season, which means such transactions will be doubled this season up to \$20 per day, in Double Up Food Bucks tokens that are redeemable at the market for FREE fresh fruits and vegetables.

The 2024 New Harvest season will also host\_our popular Nourish Kids program engaging children ages 2 – 12 in the local food system through fun and educational activities every third Thursday.

For more information about the New Harvest Farmers' Market, visit their website.